

# The British Acupuncture Council (BAcC) cookie policy

## Cookie policy

To give you the best possible experience, this site uses cookies. Using [acupuncture.org.uk](http://acupuncture.org.uk) means you agree to our use of cookies.

We use cookies on our website to give you the most relevant experience by remembering your preferences and repeat visits. By clicking "Accept All", you consent to the use of ALL the cookies. However, you may visit "Cookie Settings" to provide a controlled consent.

[Cookie Settings](#)[Accept All](#)

## What is a cookie?

A cookie is a simple file that is stored on your computer or mobile device by a website's server and only that server will be able to retrieve or read the contents of that cookie.

**First party cookies** are cookies set by the website you're visiting. Only that website can read them. In addition, a website might potentially use external services, which also set their own cookies, known as third-party cookies.

**Persistent cookies** are cookies saved on your computer and are not removed automatically when you quit your browser, unlike a **session cookie**, which is deleted when you quit your browser.

Each cookie is unique to your web browser. It will hold some anonymous information, such as a unique identifier and the site name and some digits and numbers.

## What to do if you don't want cookies to be set

Some people find the idea of a website storing information on their computer or mobile device a bit intrusive, particularly when this information is stored, and used by a third party without them knowing. Although this is generally quite harmless, you may not, for example, want to see advertising that has been targeted to your interests. If you prefer, it is possible to block some, or all cookies, or even remove cookies that have already been set; but you need to be aware that you might lose some functions of that website.

If you don't want to receive cookies, you can modify your browser so that it notifies you when cookies are being stored or you can refuse cookies altogether. You can also remove cookies that have already been set.

When you visit our site, you can choose to accept all cookies or opt out of all cookies except those that are essential to the basic functionality of the website.

The cookies we use on the BAcC website consist of

|                      |   |
|----------------------|---|
| <b>Necessary</b>     | Necessary cookies are essential for the website to function properly. These cookies ensure basic functionalities and security features of the website, anonymously.                           |
| <b>Functional</b>    | Functional cookies help to perform certain functionalities like sharing the content of the website on social media platforms, collect feedbacks, and other third-party features.              |
| <b>Performance</b>   | Performance cookies are used to understand and analyse the performance of the website which helps in delivering a better user experience for the visitors.                                    |
| <b>Analytics</b>     | Analytical cookies are used to understand how visitors interact with the website. These cookies help provide information on the number of visitors, bounce rate, traffic source, etc.         |
| <b>Advertisement</b> | Advertisement cookies are used to provide visitors with relevant ads and marketing campaigns. These cookies track visitors across websites and collect information to provide customised ads. |
| <b>Others</b>        | Other uncategorised cookies are those that are being analysed and have not yet been classified into a category.   |

If you wish to further restrict or block web browser cookies that are set on your device, you can do this through your browser settings; the Help function within your browser should tell you how but by blocking Necessary cookies you may not be able to access all or parts of our site.

Alternatively, you may wish to visit [www.aboutcookies.org](http://www.aboutcookies.org) which has comprehensive information on how to do this on a wide variety of desktop browsers.

The British Acupuncture Council is a company limited by guarantee. Registered in England: number 3066963  
Ref No BAC0025 21116 ©British Acupuncture Council 01 August 2022